

Demonstration
on
“Vegetable seeds Spinach (PUSA All Green) and Fenugreek (PUSA Early Bunching)
Under
Scheduled Caste Sub Plan (SCSP) by
Division of Agricultural Extension, ICAR-IARI, New Delhi

The Indian Agricultural Research Institute (IARI) has made concerted efforts to address the numerous challenges facing food and nutritional security. The Institute has been making tremendous contributions in addressing health and nutrition security through the development of high yielding varieties as well as products which are rich in nutrients. It has given due emphasis to improve the nutritional status of farmers by encouraging them to do kitchen gardening so that they get fresh vegetables for consumption.

Considering the importance of the vegetable varieties and to ensure the consumption of seasonal nutritional vegetables, Pusa mini kitchen garden kits were distributed in villages namely Bassi, &Sunnehda of Baghpat district, U.P (22-11-2022) and Kanarsa &Rosanpur of Gautam Buddha Nagar, U.P. (30-11-2022) under “Scheduled Caste Sub Plan (SCSP)” and under the project titled **Agricultural Extension for Nutrition and Health (AE4NH)** by the Division of Agricultural Extension, ICAR-Indian Agricultural Research Institute (IARI), New Delhi. Under this SCSP, Pusa mini vegetable seed kits comprising 500 gms of Spinach (PUSA All Green) and 125 gms of Fenugreek (PUSA Early Bunching) were demonstrated among 66 farmers of Baghpat district and 105 farmers of Gautam Buddha Nagar, U.P.. Both these green leafy vegetables are good yielders, rich in dietary minerals and suitable for multiple harvesting. The purpose of giving nutri vegetable kits was to create awareness among scheduled caste rural women and farmers about having kitchen gardens in the available space and eating healthy vegetables for their nutritional benefits and keeping goodhealth. This activity was organized by Dr. V. Sangeetha, Sr. Scientist Dr.Sukanya Barua, Scientist (SS), Dr. Subhashree Sahu, Scientist and Dr. Misha Madhavan M, Scientist under the guidance of Dr.R.N.Padaria and Dr.R.R.Burman, PI, SCSP, Division of Agricultural Extension.

Glimpses of PUSA mini kitchen garden kit demonstrations in Bassi & Sunnehda Villages of Baghpat and Kanarsa & Rosanpur villages of Gautam Buddha Nagar(U.P.)



Registration of farmers from Sunnehda village



Registration of Farmers from Kanarsa Village



Farm women from Kanarsa village with mini kitchen garden kits



Farm women from Bassi village with mini kitchen garden kits



Farmers of Sunnehda village with minii kitchen garden kits of PUSA



Farmers of Bassi Village with mini kitchen garden kits of PUSA